

GILANKA
(Serbia)

A Šiptar Albanian dance from the town of Gilani, in Kosovo Metohija. It was brought to Skopje by people who moved there from Gilani. The dance is very popular in the Skopje region.

Pronunciation:

Record: Makedonski Tanec AK-004, Side A, Band 5.

Formation: Line dance. Hands in "W pos" for Part I. Hands down for Part II.

MeasPatternPart I

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| 1 | Facing ctr, lift on L, raising R knee (ct 1); step R in place (ct 2); lift on R, raising L knee (ct 3); touch L to floor*, no wt (ct 4). |
| 2 | Lift on R (ct 1); step L in place (ct 2); lift on L (ct 3); touch R to floor*, no wt (ct 4). |
| 3 | Repeat action of meas 1. |
| 4 | Lift on R (ct 1); step slightly back on L (ct 2); step in place on R (ct 3); step fwd on L (ct 4). |
| 5 | Facing and moving in LOD, lift on L (ct 1); walk R (ct 2); lift on R (ct 3); walk L (ct 4). |
| 6 | Facing ctr, lift on L (ct 1); step R (ct 2); lift on R (ct 3); touch L to floor*, no wt (ct 4). |
| 7-9 | Repeat action of meas 2-4. |

Repeat action of meas 5-9, Part I, until the music becomes faster.

Part II

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| 1 | Facing and moving in LOD, step fwd on R (ct 1); close L to R (ct &); step fwd on R (ct 2); step fwd on L (ct 3); close R to L (ct &); step fwd on L (ct 4). |
| 2 | Facing ctr, step on R to R (ct 1); step L behind R (ct &); step on R to R (ct 2); hop on R (ct 3); touch L to floor*, no wt (ct 4). |
| 3 | Hop on R (ct 1); small leap onto L (ct 2); hop on L (ct 3); touch R to floor*, no wt (ct 4). |
| 4 | Repeat action of meas 3, Part II, reversing ftwk. |
| 5 | Hop on R (ct 1); step slightly back on L, turning R out in front of L (ct 2); step on R in place, turning L out in front of R (ct 3); step fwd on L (ct 4). |

Variation of Part II

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| 1 | Repeat action of meas 1, Part II. |
| 2 | Facing ctr, step on R to R (ct 1); step L behind R (ct &); step on R to R (ct 2); hold (ct 3); touch L to floor*, no wt (ct 4). |
| 3 | Hop on R (ct 1); small leap onto L (ct 2); hold (ct 3); touch R to floor*, no wt (ct 4). |
| 4 | Repeat action of meas 3, Variation of Part II, reversing ftwk. |
| 5 | Repeat action of meas 5, Part II. |

*A double step may be substituted: a "touch L" could be changed to a quick L-R; and a "touch R" to a quick R-L.

Presented by Atanas Kolarovski

Adapted from notes by Cindi Saunders